

STAFF WEEK ULILLE – JUNE 2025

Sustainability and Well-being in International Mobilities

<div style="display: flex; justify-content: space-between; padding: 2px;"> Confirmé Non confirmé </div>	MONDAY JUNE 23rd	TUESDAY JUNE 24th	WEDNESDAY JUNE 25th	THURSDAY JUNE 26th	FRIDAY JUNE 27th
Theme	Welcome!	Mental Health and Physical Well-Being	Sustainability and Well-Being	Sharing Best Practices	Social Well-Being and Community
Place	Lille	University of Lille	University of Lille	University of Lille	University of Lille
Morning	//	<p>9 AM – 9.30 AM : Well-being session</p> <p>9.30 AM – 10.30 AM Navigating the Complexities of International Student Mental Health Support</p> <p>10.30 AM – 11.30 AM Breaking Down Barriers: Addressing Mental Health Stigma</p> <p>11.30 AM – 12.30 PM : Physical well-being and Mental Health during a mobility</p>	<p>9 AM – 9.30 AM : Well-being session</p> <p>9.30 AM – 10.30 AM : Sustainable Mobility: Embracing Slow Travel in International and Daily Life Mobility</p> <p>10.30 AM – 11.30 AM : Circular Economy in Action: Vide dressing and Ressourcerie</p> <p>11.30 AM – 12.30 PM : Raising Sustainability Awareness Among International Students: la Fresque du Climat</p>	<p>9 AM – 9 :30 AM : Well-being session</p> <p>9.30 AM – 10.30 AM : Sharing best practices : Round table 1</p> <p>10.30 AM -11.30 AM : Sharing best practices : Round table 2</p> <p>11.30 AM -12.30 PM : Sharing best practices : Round table 3</p>	<p>9 AM – 9.30 AM : Well-being session</p> <p>9.30 AM – 10.30 AM : Student refugees wellbeing</p> <p>10.30 AM – 11.30 AM : Fighting discrimination, and gender inequality</p> <p>11.30 AM – 12.30 PM : Students with disabilities and their wellbeing</p> <p>12.30 PM Farewell</p>
Lunch		12.30 – 1.30	12.30 – 1.30	12.30 – 1.30	12.30 – 1.30

<p style="text-align: center;">Afternoon</p>	<p>4.30 – 5 PM : Arrival, registration and Welcome coffee</p> <p>5 – 6 PM :</p> <p>Opening remarks</p> <p>Opening conference</p> <p>6 – 7 PM :</p> <p>Quick Presentation of the Staff Training Week</p> <ul style="list-style-type: none"> - Staff Week ULille Team <p>Ice breaker</p> <ul style="list-style-type: none"> - Let's get to know each other <p>7 PM : Dinner</p>	<p>1.30 PM - 2.30 PM : Taking care of your own health and of your staff: Promoting healthcare in your workplace</p> <p>2.30 PM – 3.30 PM : Addressing Isolation Among International Students</p> <p>3.30 PM – 4.30 PM : Creative Workshop</p> <p>5 PM : French Cinema session</p>	<p>1.30 PM – 3.30 PM Cooking Workshop</p> <p>3.30 PM – 4.30 PM : Xperium Visit</p>	<p>1.30 PM - 2.30 PM: Meetings with partners</p> <p>2.30 PM – 3.30 PM : Meetings with partners</p> <p>3.30 PM – 4.30 PM : Meetings with partners</p>	
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